

COLUMBIA FOOTBALL OFF-SEASON TRAINING SCHEDULE:

December 2018 5:00 to 7:30 PM (11th & 12th Gr ONLY – Next year)

M 12/10, W 12/12, Th 12/13

M 12/17, W 12/19, Th 12/20

Holiday Recess (No Activity)

January 2019 5:00 to 7:30 PM (All Levels)

W 01/02, Th 01/03

M 01/07, W 01/09, Th 01/10

M 01/14, W 01/16, Th 01/17

Week of 01/21 (No Activity – Regents week)

M 01/28, W 01/30, Th 01/31

February 2019 5:00 to 7:30 PM

M 02/04, W 02/06, Th 02/07

M 02/11, W 02/13, Th 02/14

Week of 02/18 (No Activity – Winter Recess)

M 02/25, W 02/27, Th 02/28

March 2019 5:00 to 7:30 PM

M 03/04, W 03/06, Th 03/07

M 03/11, W 03/13, Th 03/14

M 03/18, W 03/20, Th 03/21

M 03/25, W 03/27, Th 03/28